

## Art Journaling 2-Day Workshop Supply list:

I will be providing the paper for the painted papers and the journal, step-by-step handouts, materials other than paint and brushes for painting papers, and the supplies to use to sew your journal.

**Please bring the following:**

**Small containers/bottles of the following will be sufficient for the class:**

- Matte medium (recommended)
- Gesso, regular white, optional
- Cookie sheet (cleaned old/use one) or tray for painting papers. The cookie sheets at Dollar Tree do not work well. Old used ones work great because they no longer have a shiny finish
- **Fluid Acrylics: The important thing is to bring a minimum of 5 colors to paint you would like to paint with, not including Titanium white or black.** Please see the Notes on Acrylic Paint if you want more information about acrylic paints. I usually use 5-7 colors as a palette in a weekend journal. There are so many beautiful colors to choose from. Below is a list of **Golden Fluid Acrylic** paints that people seem to wish they had, but all are **NOT necessary** for this class. Choose the colors that make you happy ;0) It is good to have a red, yellow, and blue on hand as those will allow you to add and mix a wide variety of colors. In Golden Brand the three primary colors used to mix many colors are: Phthalo Blue (Green Shade), Quinacridone Magenta, Hansa Yellow Medium, plus Titanium White. For more on Acrylic Paints see notes on following page
- **OPTIONAL Golden Fluid Paints often wished for during class:**
  - Phthalo Turquoise (personal favorite)
  - Quinacridone Nickel Azo Gold (a favorite of many that plays well with others)
  - Green Gold (favorite right under Quinacridone Nickel Azo Gold and Phthalo Turquoise)
  - Dairylike Yellow (my favorite yellow, a hint of orange, but Hansa Yellow is the true primary yellow)
  - Sap Green (if you like an earthy feel, great for leaves, grass etc.)
  - Dioxazine Purple or Permanent Violet Dark (especially if purple is a main color for your journal)
  - Gold acrylic metallic paint or other finish (can be other than Golden)

**IMPORTANT: Any color/s you love right out of the bottle & want to use in your journal!**

- Paint Brushes for acrylics: If you already paint and have brushes, bring those if you are happy with them. Sometimes you can get them in a set. Do not get watercolor brushes with black brush tips. They are too floppy. You'll need something like the following:
  - 2" (or similar size) flat and/or filbert for gesso, matte, and covering larger areas (an inexpensive one)
  - Two synthetic round brushes that come to a good point, 1 sml & 1 med (may be in a set)
  - 1/2" flat acrylic brush &/or filbert 1/2" & 1/4" (usually white or golden bristles, also may be in a set)
  - toothbrush for spattering (can be cleaned used one)
- 2 Permanent Black Drawing Pens in two different sizes/thicknesses: Faber Castell Pitt (size XS or S and an F or a M), or Micron (size .01 or .02 and an .03 or larger; try them out to see which you like if possible)
- white gel pen (optional)
- Pencil
- Kneaded eraser
- Sketchpad or plain paper for exploring ideas
- Scissors for fine cutting & strong enough to cut watercolor paper (I suggest a large and small pair)
- Ruler
- 2 oz spray/mist bottles, bought in travel section of store, to make spray paints from fluid acrylics. So get as many as you want colors for spray paints
- Optional: Collage items, stencils, gold or metallic permanent pen/s, paper punches

## *Notes about acrylic paints for Art Journaling Workshops:*

I often get asked about paints: "Do I need a particular brand?" What kind or color?" Or I don't get asked and wish I would've been asked so the person would have a more fruitful painting experience. So here is a list and explanation of what kind of paints I use and what kinds work best in the classes I teach.

The paints brought to the art journaling workshops should be fluid (in bottles) for the types of painting we will do for painting papers.

My favorite brand and type are **Golden Fluid Acrylics** and I highly recommend them for this class. They are top quality, the colors are intense, the flow is great and they have a wide variety of transparent colors that layer beautifully. They are also expensive. The small bottles are sufficient for the workshops. If cost is an issue, I suggest buying some colors you love (about 5) in the craft bottles such as Delta or Folk Art, and if possible 2-3 golden fluid transparent colors. I suggest participants have 5-7 paint colors on hand. If you like metallic paints, by all means you may use those too. If you want a wider range of colors for general painting (not necessarily in the art journaling workshop) and don't want to spend the money on Golden brand, the following colors are found in most brands of paint: **Phthalo Blue, Ultramarine Blue, Titanium White, and Raw Umber**. You may also want to purchase a primary yellow color, a primary red color, and a black (opt.) in place of the recommended ones below.

**Here's my scoop on Golden paints: Quinacridone Nickel Azo Gold** is the most versatile color, transparent, and plays well with others, worth the expense. It seems to be nearly everyone's favorite. And **Quinacridone Crimson or Quinacridone Magenta**. Choose whichever one you like best. They are both rich and transparent.

If you like turquoise/aqua I would get **Turquoise (Phthalo)**. It is beautiful and transparent, intense and mixes well with yellows to make bright greens and with white for sky and water and other things. If you want a natural deeper green color right out of the bottle then **Sap Green Hue** is for you. Green Gold is another favorite with participants.

For a Golden brand of primary red I recommend **Pyrrrole Red**, or if you use more orange-red in your painting, then I would recommend **Naphthol Red Light**. **Hansa Yellow Medium** is the primary yellow. My favorite yellow is **Diarylde Yellow**. It leans toward the gold and is not as weak of a color as Hansa. Both are good to have, but if you only have one and no preference, choose Hansa Yellow Medium for its mixing qualities.

Merely my preferences: **Green Gold** is a very transparent yellow green. Mixed with turquoise, I can get a variety of bright greens. But then again, green apple is one of my favorite colors, purely optional. I admit I have not been a huge purple fan, but am liking it more all the time. Two purples I use are **Permanent Violet Dark** (my current fav) and **Dioxazine Purple**. Dioxazine Purple is a royal purple, intense, very deep and mixes with other colors to make a rich black without using black. It also mixes with turquoise to make a beautiful blue, and with Quinacridone Magenta for lovely violets. Metallics such as **iridescent gold**, both Deep and Bright (fine). They are lovely addition to painting tissue papers.

Neutrals: **Golden Titan Buff** is a transparent light beige. I use it most often when painting flesh, in softening backgrounds or layers that are too bright. I don't use it much in journaling, but in other kinds of painting. **Golden Bone Black** is a transparent black, which is why I use it almost exclusively as my black. It is optional for the class. **Transparent Yellow Iron Oxide** is a warm neutral. It is like a transparent yellow ochre. It is not as intense or as orangish as the Quinacridone Nickel Azo Gold. I use it for subtle aging, often with **Raw Umber**.

**Additional Note:** In the Golden brand the three primary colors that are used to mix many other colors are: **Quinacridone Magenta, Phthalo Blue (green shade), and Hansa Yellow Medium**.

**Note about matte medium:**

Any brand will do. I've used both Golden and Blick.